

White.

1622.

A  
New Almanacke,  
and Prognostication,  
for this yeere of our  
Lord God, 1622.

*Being the second from the  
Leape-yeare.*

Calculated for the Meridian  
of the most honorable City  
of LONDON, and will serue  
generally for the Monarchy  
of Great Brittain.

By *Iohn White*, well-willer to the  
Mathematickes.

God said, Let there be Lights in  
the Firmament of Heauen, to sepe-  
rate the day from the night, and let  
them be for Signes, & for Seasons,  
and for Dayes and Yeares.

LONDON

Printed for the Company of

Stationers.

The beginning and ending of the Tearmes, this  
present yeare, 1622. with their Returnes.

Hillary Terme beginneth the 23. of January, and  
endeth the 12. of February, and hath 4. returnes.

{ Octab. Hillar. }  
{ Quind. Hillar. }

{ Craft. Purif. }  
{ Octab. Purif. }

Easter Terme beginneth the 8. of May, and en-  
deth the 3. of June, and hath 5. returnes.

{ Quind. Pasch. }  
{ Tres Pasch. }

{ Mense Pasch. } { Quinque Pasch. }  
{ Craft. Ascen. }

Trinity Terme beginneth the 21. of June, and en-  
deth the 10. of July, and hath 4. returnes.

{ Craft. Trin. }  
{ Octab. Trin. }

{ Quind. Trin. }  
{ Tres Trin. }

Michaelmas Terme beginneth the 9. of October,  
and endeth the 28. of November, & hath 8. returnes.

{ Octab. Mich. }  
{ Quind. Mich. }  
{ Tres Mich. }  
{ Mense Mich. }

{ Craft. Anima. }  
{ Craft. Martin. }  
{ Octa. Mart. }  
{ Quind. Mart. }

Note that vpon these dates following, the Judges  
of Westminster doe not vse to sit in Iudgement, nor vpon  
any Sundates.

In { Hillarie.  
Easter.  
Trinitie.  
Michaelmas. }

{ Terme on { Candlemas.  
Ascention.  
Midfommer. } day.  
All Saints. }

Note also that the Exchequer openeth eight dates be-  
fore any Terme beguneth, except Trinity Terme, in  
which Terme it openeth but foure dates before:

The

The common Notes and moveable Feasts,  
according to the

Old Accompt. ——— A ——— Forraigne Accompt.

8	<b>T</b> he golden number.	8
7	The Circle of the Sun.	7
28	The Epact.	18
5	The Roman Indiction.	5
	The Dominicall letter.	
3. March	Shrove Sunday.	6. Feb.
6 March	Th Wednesday.	9. Feb.
21. April	Good Friday.	27. March
26. May	Ascension Sunday	1. May
30. May	Trinities Day.	5. May
9. June	Whitsunday.	15 May
1. Decem.	Advent Sunday.	27. Novem.

Physicall Eleuantes.

Take	Uomits,	the Moone oz Signe in	v.m. Vp
	Glitters,		v.m. x.
	Gargarismes,		s. r.
	Preparatiues,		x. m. x.
	Stop rewmes & fluxes		v.m. Vp
	Purge by netzing.		s. v. r.

Fit time for Blood-letting.

Let blood be sanguine, frō the new moon to the first quar.  
The Cholericke, from the first quarter to the full.  
The flegmatick, from the new moon to the last quarter.  
The Melancholy, from the last quarter to the new moon

Dangerous times for Blood-letting.

It is dangerous to let Blood in the heat of Summer  
oz cold of Winter, and when the Moone is in that signe  
which governeth that part of the Body you would let  
Blood. Likewise, within two dayes of the Change, oz  
full of the Moone it is not to be done without vrgent  
cause, as the Apoplexie, Squinancie, oz such violent  
Maladies.

The Anathomy of mans body, as the parts there  
of are gouerned by the twelue Celestiall  
signes.

Aries head and face.

Taurus  
neck &  
throat.

Cancer  
breast  
stomack  
& ribs.

Virgo  
botuels  
& belly.

Scorpio  
secret  
members

Capri-  
cornus  
knees.



Gemin  
armes  
& shoul-  
ders.

Leo  
heart &  
backe

Libra  
reins &  
loynes.

Sagita-  
rius the  
thighs.

Aqua-  
rius the  
legges.

Pisces the feete.



January hath xxxj. dayes.

Warme meates and cloathes this moneth are good,  
Take heed of Baches, and letting Bloud.

1. day, the Sun riseth at 8. & 0. min. Sets at 4. & 0. min.  
10. day, the Sun riseth at 7. & 19 min. Sets at 4. & 11. min.  
20. day, the Sun riseth at 7. & 34. min. Sets at 4 & 26. min.

i	a	17. day, the	Capz.	17	New moon	11 d
ii	b	Oct. Steph.	Aquar.	0	the 1. day, at	12 e
iii	c	Oct. John.	Aquar.	12	5. of the clock	13 f
iiii	d	Oct. Innoc.	Aquar.	25	at night.	14 g
v	e	Edward dep.	Pisces	7		15 a
vi	f	Edward dep.	Pisces	19	First quar-	16 b
vii	g	Felix & Jan.	Aries	1	ter the 9. day,	17 c
viii	a	Lucian priest.	Aries	13	3. quarters of	18 d
ix	b	Joyce virg.	Aries	25	of an hour af-	19 e
x	c	Sol in Aquar.	Taur.	7	ter 5. of the	20 f
xi	d	Linus mart.	Taur.	10	clocke in the	21 g
xii	e	Archad mart.	Gem.	3	evening.	22 a
xiii	f	Hilarie bish.	Gem.	15		23 b
xiiii	g	Felix priest.	Gem.	28	Full moon	24 c
xv	a	Maurice.	Canc.	12	the 17. day, at	25 d
xvi	b	Marcell. bish.	Canc.	25	7. a clock in	26 e
xvii	c	Anthony dep.	Leo	9	the morning.	27 f
xviii	d	Prisca virg.	Leo	14		28 g
xix	e	Wolstan bish	Virg.	8	Last quar-	29 a
xx	f	Fab. & Seb.	Virgo	23	ter the 23. day,	30 b
xxi	g	Agnes virg.	Libra	7	at 10 a clock at	31 c
xxii	a	Vincent mar.	Libra	22	night.	1 d
xxiii	b	Marine virg.	Scorp.	6		2 e
xxiiii	c	Timothy.	Scorp.	21		3 f
xxv	d	Con. of Paul.	Sagit.	5	New moon	4 g
xxvi	e	Polycarp bish	Sagit.	18	the 31. day,	5 a
xxvii	f	Agnes the se.	Capz.	1	halfe an houre	6 b
xxviii	g	Alfieri. bish.	Capz.	14	after 9. of the	7 c
xxix	a	Theodore pr.	Capz.	27	clocke in the	8 d
xxx	b	Batild queen.	Aquer.	9	morning.	9 e
xxxi	c	Saturnine.	Aquar.	21		10 f

February henn xxviii. dayes.

Milke, Hearbs, and fennish Fowle deny :  
Purge not, nor vse Phlebotomie.

1. day the Sun riseth at 7. & 13. min. Sets at 4. & 46 min.  
10. day the Sun riseth at 6. & 56. min. Sets at 5. & 4. min.  
20. day the Sun riseth at 6. & 36. min. Sets at 5. & 24. min.

i	d	Bridget.	Pisces. 3		11	f
ii	e	Blaise bish.	Pisces. 15		12	a
iii	f	Gilbert bish.	Aries. 9		13	c
iiii	g	Agathe bish.	Aries. 21		14	d
v	a	Medast. & am.	Taur. 3		15	e
vi	b	Angule bish.	Taur. 15	First quar-	16	f
vii	c	Paul bish.	Taur. 27	ter the 8. day,	17	a
viii	d	Solin Pisces.	Gem. 10	halfe an houre	18	b
ix	e	Scholastica.	Gem. 23	after one of the	19	c
x	f	Bother. bish.	Cancer 6	clocke in the	20	d
xi	g	Cancer 20	Cancer. 20	afternone.	21	e
xii	a	Wolfen bish.	Leo. 4		22	f
xiii	b	Valentine.	Leo. 18		23	a
xiiii	c	Faust. & Jo.	Virgo. 2	Full moon	24	b
xv	d	Julian. virg.	Virgo 17	the xv. day.	25	c
xvi	e	Septuagint.	Libra. 2	3 quarters of	26	d
xvii	f	Hugh Bish.	Libra. 17	an houre after	27	e
xviii	g	Sabine.	Scorp. 2	4. of the clocke	28	f
xix	a	Mildred virg.	Scorp 16	in the after-	1	a
xx	b	79. Martirs.	Sagit. 1	none.	2	b
xxi	c	Peter & Cha.	Sagit. 15		3	c
xxii	d	Pollicarp.	Sagit. 28		4	d
xxiii	e	Matthias Ap.	Capz. 11	Last quar-	5	e
xxiv	f	Inven. of Pa	Capz. 24	ter the xxv.	6	f
xxv	g	Nestor mart.	Aquar. 6	day, halfe an	7	a
xxvi	a	August. bish.	Aquar. 19	houre past 7.	8	b
xxvii	b	Oswald bish.	Pisces 1	of the clock in	9	c
xxviii	c			the morning.	10	d

Note that 60. min. maketh an hour, 30. min. maketh  
halfe an houre, & 15. maketh a quarter of an houre;

March hath xxxj. dayes.

Groſe Meates doe hurt, vſe foode that's fine,  
Let bloud, and take ſome Medicine.

1. day, the Sun riſeth at 6 & 19. min. Sets at 5. & 41. min.  
10. day, the Sun riſeth at 6. & 1. min. Sets at 5. & 5. min.  
20. day, the Sun riſeth at 5. & 45. min. Sets at 6. & 19. min.

i	d	Dauid biſh.	Piſces. 12	11 g
ii	e	Chad biſh.	Piſces. 24	12 a
iii	f	Abrouſund.	Artes. 6	13
iiii	g	Abſtan. mart.	Artes. 18	14 c
v	a	Focas & Euſ.	Artes. 29	15 d
vi	b	Aſhwedneſda.	Taur. 11	16 e
vii	c	Perpetue.	Taur. 23	17 f
viii	d	Felix mart.	Gemin. 6	18 g
ix	e	40. Martyrs.	Gemin. 18	19 a
x	f	Quintus.	Cancer. 1	20 b
xi	g	Quirian.	Canc. 14	21 c
xii	a	Gregory. biſh.	Canc. 28	22 d
xiii	b	Ember weeke.	Leo. 11	23 e
xiiii	c	Candide mar.	Leo. 26	24 f
xv	d	Longine mar.	Virgo 11	25 g
xvi	e	Boniſace biſh	Virgo. 26	26 a
xvii	f	Gertrude vir.	Libra. 11	27
xviii	g	Edward king	Libra. 26	28 c
xix	a	Joſ. Ma. Huſ.	Scorp. 11	29 d
xx	b	Cuthbert.	Scorp. 25	30 e
xxi	c	Benedict.	Sagit. 10	31 f
xxii	d	Aſtrodiſe.	Sagit 24	1 g
xxiii	e	Theodoze.	Capri. 7	2 a
xxiv	f	Innit. R. Iacobi.	Capri. 20	3
xxv	g	Innit. Mary.	Aquar. 3	4 c
xxvi	a	Caſſoz. mart.	Aquar 16	5 d
xxvii	b	Marſian.	Aquar. 28	6 e
xxviii	c	Dorothe.	Piſces 10	7 f
xxix	d	Quintine.	Piſces 22	8 g
xxx	e	Quirine.	Artes 3	9 a
xxxi	f	Adelme.	Artes 15	10

● New moon  
the 2. day, half  
an houre after  
3. of the clocke  
in the moꝝ-  
ning.

● First quar-  
ter the 10. day  
half an houre  
after 6. of the  
clocke in the  
moꝝning.

● Full moone  
the 17. day,  
at 2. of the  
clocke in the  
moꝝning.

● Last quar-  
ter the 23. day  
3. quarters  
after 7. of the  
clocke at  
night.

● New moon  
the 31. day, at  
8. of the clock  
at night.

April hath xxx. dayes.

Our blood being hot, coole hearbs now vse,  
And Marches precepts not refuse.

1. day, the Sun riseth at 5. & 18. min. Sets at 6. & 42. min.  
10. day, the Sun riseth at 5. & 1. min. Sets at 6. & 59 min.  
20. day, the Sun riseth at 4. & 43. min. Sets at 7. & 17. min.

i	g	Gildard.	Aries	27		11	c
ii	n	May Egypt	Taur.	8	First quar-	12	d
iii	h	Richard bish.	Taur.	20	ter the 8 day,	13	e
iiii	c	Ambrose.	Gem.	2	at 7. of the	4	f
v	d	Vincentius.	Gem.	14	clock in the	15	g
vi	e	Sixtus. bish.	Gem.	27	euening.	16	a
vii	f	Euphémie.	Canc.	10		17	b
viii	g	Egippus.	Canc.	23	Full moon	18	c
ix	a	Perpetuus.	Leo	6	the 15. day. 3.	19	d
x	b	7. Virgins.	Leo	20	quarters of	20	e
xi	c	Solin Taurus.	Virgo	5	an houre after	21	f
xii	d	Iustus. bish.	Virgo	19	10. of the clock	22	g
xiii	e	Zenon bish.	Libra	4	m the mozt	23	a
xiiii	f	Olyffe.	Libra	19	ming.	24	b
xv	g	Oswald. arch.	Scorp.	4		25	c
xvi	a	Adoze. bish.	Scorp.	19	Last quar-	26	d
xvii	b	Anicete.	Sagit.	4	ter the 22. day	27	e
xviii	c	Cluther bish.	Sagit.	18	halfe an houre	28	f
xix	d	Alphage bish.	Capri.	2	after 9. of the	29	g
xx	e	Victor. bish.	Capri.	16	clocke in the	30	a
xxi	f	Passer day.	Capri.	29	morning.	1	b
xxii	g	Sother. virg.	Aquar.	12		2	c
xxiii	a	S. George.	Aquar.	24		3	d
xxiiii	b	Wulfred.	Pisces	7		4	e
xxv	c	Marthe. Evan	Pisces	19		5	f
xxvi	d	Clere. bishop.	Aries	1	New moon	6	g
xxvii	e	Anastase.	Aries	12	the 30. day, a	7	a
xxviii	f	Wictelis. war.	Aries	24	quarter of an	8	b
xxix	g	Peter. of mil.	Taur.	6	houre after 1.	9	c
xxx	a	Dep. of Erh.	Taur.	18	of the clock at	10	d
					none.		

(May hath xxxj. dayes.)

Put Sage in Drinke: drinke worme-wood Wine,  
Vse Physickes helpe, and rise betime.

1. day, the Sun riseth at 4. & 25. min. Sets at 7. & 35 min.  
10. day, the Sun riseth at 4. & 22. min. Sets at 7. & 46. min.  
20. day, the Sun riseth at 4. & 0. min. Sets at 8. & 0. min.

i	b	Phil. & Jac.	Gem.		11	c
ii	c	Sihanaflus.	Gem.	12	12	f
iii	d	Inuen. crosse.	Gem.	24	13	g
iiii	e	Chyrtopher.	Canc.	6	14	a
v	f	Goddard.	Canc.	19	15	d
vi	g	Iohn port lar.	Leo	2	16	c
vii	a	Iohn Beuer.	Leo	16	17	d
viii	b	Carine beg.	Virgo	0	18	e
ix	c	Trans. Mich.	Virgo	14	19	f
x	d	Godian. & E.	Virgo	29	20	g
xi	e	Weda pteft.	Libra	13	21	a
xii	f	Sol in Gemini.	Libra	28	22	b
xiii	g	Corona bish.	Scorp.	13	23	c
xiiii	a	Boniface.	Scorp.	28	24	d
xv	b	Idoze.	Sagit.	12	25	e
xvi	c	Brandon bish	Sagit	26	26	f
xvii	d	Trans. Wer.	Capr.	10	27	g
xviii	e	Dioscop. mar.	Capr.	24	28	a
xix	f	Dunstan. con.	Aquar.	7	29	b
xx	g	Barnardine.	Aquar.	20	30	c
xxi	a	Hellen quen.	Pisces	2	31	d
xxii	b	Julian virg.	Pisces	15	1	e
xxiii	c	Desideri.	Pisces	27	2	f
xxiiii	d	Tran. of fr.	Aries	9	3	g
xxv	e	Adelme bish.	Aries	21	4	a
xxvi	f	Isidore. fund.	Taur.	3	5	b
xxvii	g	German bish	Taur.	15	6	c
xxviii	a	Cozone bish.	Taur.	27	7	d
xxix	b	Nicomede.	Gem.	9	8	e
xxx	c	Alcension beg.	Gem.	21	9	f
xxxi	d	Merius.	Cancer	3	10	g

First quar-  
ter the 8. day,  
halfe an houre  
after 3. of the  
clocke in the  
morning.

Full moon  
the 14 day,  
at 7. of the  
clock at night

Last quar-  
ter 22. day,  
halfe an houre  
past one in  
the morning.

New moon  
the 30. day,  
at one a clock  
in the mor-  
ning.



June hath xxx. dayes.

Let Physicke goe, coole hearbs now take,  
Sweet drinckes, and Venus now forsake.

1 day, the Sun riseth at 3. & 51. min. Sets at 8. & 9. min.  
10. day, the Sun riseth at 3. & 48. min. Sets at 8. & 12. min.  
20. day, the Sun riseth at 3. & 51. min. Sets at 8. & 9. min.

i	e	Nichomede.	Canc. 16		11
ii	f	Marcellus.	Canc. 29		12 a
iii	g	Leanne pnb	Leo 12	First quar-	13 c
iiii	a	Petroilus.	Leo 26	ter the 6. day,	14 d
v	b	Bonifacius.	Virgo 10	3. quarters of	15 e
vi	c	Melone.	Virgo 24	an houre after	16 f
vii	d	Amollian.	Libra. 9	10. of the clock	17 g
viii	e	Med. & Gil.	Libra. 23	before noone.	18 a
ix	f	Whithelunda.	Scorp. 8		19 b
x	g	Juan. confes.	Scorp 23	Full moon	20 c
xi	a	Barnab. con.	Sagit. 7	the 13. day,	21 d
xii	b	Sol in Cancer	Sagit. 21	a quarter of	22 e
xiii	c	Anthony. con.	Capri. 5	an houre past	23 f
xiiii	d	Winter week	Capri. 18	3. of the clocke	24 g
xb	e	Uite & mode.	Aquar. 2	in the moze	25 a
xbi	f	Winter sunb	Aquar. 15	ning.	26 b
xbii	g	Butolph.	Aquar. 27		27 c
xbiii	a	Creupertus	Pises. 10	Last quar-	28 d
xix	b	Nat. K. Iames.	Pises. 22	ter the 20. day	29 e
xx	c	Corpus Christi	Aries. 4	halfe an houre	30 f
xxi	d	Leanne beg	Aries 17	past 3. of the	1 g
xxii	e	Albane Mar.	Aries 29	clocke in the	2 a
xxiii	f	Audry.	Taur. 11	afternoone.	3 b
xxiiii	g	S. Joh Day	Taur. 23		4 c
xxv	a	Tran. of Ele.	Gem. 5	New moon	5 d
xxvi	b	Joh. & Paul.	Gem. 18	the 28. day,	6 e
xxvii	c	Crescentius.	Canc. 0	halfe an hour	7 f
xxviii	d	Leonis. fall	Canc. 13	past 3. of the	8 g
xxix	e	Peter & Po	Canc. 26	clocke in the	9 a
xxx	f	Can. of Pau.	Leo 9	afternoone.	10 b

Haue Sallers coole to euery messe,  
And bathe thy selfe in Riuers fresh.

1. day, the Sun riseth at 4. & 0. min. Sets at 8. & 0. min.

10. day, the Sun riseth at 4. & 25. min. Sets at 7. & 35. min.

20. day, the Sun riseth at 4. & 43. min. Sets at 7. & 27. min.

i	g	Octa. John.	Leo 23		11 c
ii	a	Wilt. of Ma.	Virgo. 7		12 d
iii	b	Tran. Thom.	Virgo. 21		13 e
iiii	c	Tran. Mar.	Libra 5		14 f
v	d	For btrg.	Libra 29	First quar-	15 g
vi	e	Oct. Petri.	Scorp. 4	ter the 5. day,	16 a
vii	f	Tho. Tran.	Scorp. 18	at 3. of the	17 b
viii	g	Dep. of Gilm.	Sagit. 3	clocke in the	18 c
ix	a	Ciril bish.	Sagit. 17	afternoone.	19 d
x	b	Learnme endg	Capz. 1		20 e
xi	c	Tran. of Br.	Capz. 14		21 f
xii	d	Phobz & Fel.	Capz. 27	Full moone	22 g
xiii	e	Sol in Leo.	Aqua. 10	the 12. day,	23 a
xiiii	f	Renell.	Aqua. 23	3. quarters of	24 b
xv	g	Swith. tran.	Pisces 5	an hoire after	25 c
xvi	a	Tran. Osm.	Pisces 18	one of the	26 d
xvii	b	Renel. King.	Aries 0	clock at noon.	27 e
xviii	c	Arnolph bish.	Aries 12		28 f
xix	d	Wag day beg.	Aries 24		29 g
xx	e	Margar. btr.	Taur. 6	Last quar-	30 a
xxi	f	Marthe btr.	Taur. 18	ter the 10 day,	31 b
xxii	g	Mary Mag.	Gem. 1	at a 11. of the	1 c
xxiii	a	Apolline bish.	Gem. 13	clock at noon.	2 d
xxiiii	b	Christi.	Gem. 26		3 e
xxv	c	S. Jam. Ap.	Can. 9		4 f
xxvi	d	An. Ma. mo.	Can. 22	New moone	5 g
xxvii	e	7. Shepers.	Leo. 5	the 18. day,	6 a
xxviii	f	Sampl. bish.	Leo. 19	at 2. of the	7 b
xxix	g	Fel & his fel.	Virgo 2	clocke in the	8 c
xxx	a	Abdon & Se.	Virgo 17	morning.	9 d
xxxi	b	Germaine.	Libra 1		10 e

August hath xxxj. dayes.

Flye Physicke and Phlebotomie,  
Eschew cold bathes and venery.

1. day, the Sun riseth at 4. & 43. min. Sets at 7. & 17. min.  
10. day, the Sun riseth at 5. & 2. min. Sets at 6. & 59. min.  
20. day, the Sun riseth at 5. & 13. min. Sets at 6. & 41. min.

i	e	Lammias Day	Libra 16	11	f
ii	d	Stephen.	Scor. 0	12	g
iii	e	Inuent Steph	Sc 2. 15	13	a
iiii	f	Iustine pie.	Scor. 29	14	b
v	g	Thomas con	Sagit. 13	15	c
vi	a	Trans. of C.	Sagit. 27	16	d
vii	b	Feast of Iel.	Capz. 11	17	e
viii	c	Cir. & his fei.	Capz. 24	18	f
ix	d	Roman mar	Aquar. 7	19	g
x	e	Leure. Mar.	Aquar. 19	20	a
xi	f	Tiburt mar.	Pisces 2	21	b
xii	g	Clare virg.	Pisces 14	22	c
xiii	a	Solin Virgo.	Pisces 26	23	d
xiiii	b	Eusebius	Aries 8	24	e
xv	c	Alum. Mar.	Aries 20	25	f
xvi	d	Rech. Mar.	Taur. 2	26	g
xvii	e	Dco. Laure.	Taur. 14	27	a
xviii	f	Trapite mar.	Taur. 26	28	b
xix	g	Magn. Mar.	Gem. 8	29	c
xx	a	Lewis bish.	Gem. 21	30	d
xxi	b	Barnard.	Canc. 4	31	e
xxii	c	Prinatuz	Canc. 17	1	f
xxiii	d	Timothy. last	Leo 0	2	g
xxiiii	e	Barthol. Ap	Leo 13	3	a
xxv	f	Lewis king.	Leo 27	4	b
xxvi	g	Severine.	Virgo 11	5	c
xxvii	a	Ruffi. mar.	Virgo 26	6	d
xxviii	b	August bish.	Libra 18	7	e
xxix	c	Dog day	Libra 25	8	f
xxx	d	Felix & Jud.	Scorp. 10	9	g
xxxi	e	Cutber. virg	Scorp. 25	10	a

First quar-

ter the 3. day,

3. quarters of

an houre after

7. of the clocke

in the eve-

ning.

Full moon

the 11. day, at

2. a clocke in

the moynng.

Last quar-

ter the 19. day,

a quarter af-

ter 4. in the

moynng.

New moon

the 26. day,

3. quarters of

an houre after

11. of the clock

at noone.

September hath xxx. dayes.

Now drinke Goates milke, on ripe fruits feede,  
If neede require, Purge, Bathe, and Bleede,

1. day, the Sun riseth at 5. & 41. min. Sets at 6. & 19. min.  
10. day, the Sun riseth at 6. & 1. min. Sets at 5. & 59. min.  
20. day, the Sun riseth at 6. & 19. min. Sets at 5. & 41. min.

i		Eyles abbot.	Sagit. 9		11
ii	g	Anthony, mar	Sagit. 24	First quar:	12 c
iii	a	Orbin. Greg.	Capz. 7	ter the 2. day,	13 d
iiii	b	Eran. of Cut.	Capz. 21	a quarter of	14 e
v	c	Beitine. abb.	Aquar. 4	an houre after	15 f
vi	d	Eugeni.	Aquar. 16	2. of the clock	16 g
vii	e	Nat. Reg. Cl.	Aquar. 29	in the moze	17 a
viii		Nat. of Mar.	Disces 11	n'ng.	18
ix	g	Gozgont. ms.	Disces 23		19 c
x	a	Siluius bish.	Aries 5	Full moon	20 d
xi	b	Proth & Jar.	Aries 17	the 9. day, half	21 e
xii	c	Martinian.	Aries 28	an houre past	22 f
xiii	d	Solin Libr.	Taur. 10	4. in the after	23 g
xiiii	e	Ember day	Taur. 12	neone.	24 a
xv		Nichodemus.	Gem. 4		25
xvi	g	Edithe virg.	Gem. 16		26 c
xvii	a	Lambert.	Gem. 29	Last quar:	27 d
xviii	b	Victor & cor.	Canc. 11	ter the 17. day	28 e
xix	c	January. mar	Canc. 24	3. quarters of	29 f
xx	d	Eustace.	Leo 8	an houre after	30 g
xxi	e	Martha	Leo 21	8. of the clocke	1 a
xxii		Mauritius.	Virgo 6	in the evening	2
xxiii	g	Tecla virg.	Virgo 20		3 c
xxiiii	a	Anocke. mar	Libra. 5	New moon	4 d
xxv	b	Firmin b. sh.	Libra 20	the 24. day, 3.	5 e
xxvi	c	Capz. & Just	Scorp. 5	quarters of	6 f
xxvii	d	Cosme & dam.	Scorp. 20	an houre after	7 g
xxviii	e	Exuper. bish	Sagit. 4	8. a clocke in	8 a
xxix		Michael. Ar	Sagit. 19	the evening.	9
xxx	g	Hierom Prie	Capz. 3		10 c

October hath xxxj. daues.

Strong Wines, hot Bathes, and Spice that's good,  
Preserues our health: purge, and let blood.

1. day, the Sun riseth at 6. & 26. min. Sets at 5. & 24. min.

10. day, the Sun riseth at 6. & 56 min. Sets at 5. & 4. min.

20. day, the Sun riseth at 7. & 13. min. Sets at 4. & 47. min.

i	a	Remigt. bish.	Capri. 17	First quar.	11 d
ii	b	Leodeg. mar.	Aquar. 0	ter the 1. day,	12 c
iii	c	Candid. mar.	Aquar. 13	at a 11. a clock	13 f
iiii	d	Francis.	Aquar. 26	at noone.	14 g
v	e	Apollinartus.	Pisces 8		15 a
vi	f	Faith virg.	Pisces 20	Ful Moon	16
vii	g	Mar. & Ma.	Aries 2	the 9 day, 3.	17 c
viii	a	Delagt. vir.	Aries 14	quarters of	18 d
ix	b	Leodeg. beg.	Aries 26	an houre af-	19 e
x	c	Gercon & W.	Taur. 7	ter 9. a clocke	20 f
xi	d	Michast. bish.	Taur. 19	in the moꝝ	21 g
xii	e	Wilfride.	Gem. 1	ning.	22 a
xiii	f	Solin Scorpio	Gem. 13		23
xiiii	g	Otholy.	Gem. 25	Last quar.	24 c
xv	a	Wolfran.	Canc. 7	ter the 17 day	25 d
xvi	b	Mich. mount.	Canc. 20	at 12. of the	26 e
xvii	c	Cr. of Eth.	Leo 3	clocke at noon.	27 f
xviii	d	Luke Euan.	Leo 16		28 g
xix	e	Frideswl. vir.	Virgo 0	New moon	29 a
xx	f	Austrebert.	Virgo 14	the 24 day, at	30
xxi	g	11000. Virg.	Virgo 28	6. of the clock	31 c
xxii	a	Mary. Salo.	Libra 13	in the moꝝ	1 d
xxiii	b	Roman arch.	Libra 28	ning.	2 e
xxiiii	c	Magloꝝ bish	Scoꝝp. 13	First quar.	3 f
xxv	d	Elis & Elis.	Scoꝝp. 28	ter the 31. day	4 g
xxvi	e	Ursula.	Sagit. 13	a quarter of	5 a
xxvii	f	Florence.	Sagit. 28	an houre after	6
xxviii	g	Mar. & Ma.	Capri. 12	one of the	7 c
xxix	a	Marcillus.	Capri. 26	clocke in the	8 d
xxx	b	Germane.	Aquar. 9	moꝝning.	9 e
xxxi	c	Quintin.	Aquar. 22		10 f



November hath xxx. dayes.

From cold preserue thy head and feete,  
Abstaine from Wine that's new and sweet.

1. day, the Sun riseth at 7. & 34. min. Sets at 4. & 2. min.

10. day, the Sun riseth at 7. & 49. min. Sets at 4. & 16. min.

20. day, the Sun riseth at 8. & 0. min. Sets at 4. & 30. min.

i	d	All Soules.	Pisces 5	11	g
ii	e	Wenefrid.	Pisces 17	12	a
iii		Amantius.	Aries 0	13	
iiii	g	Leonard.	Aries 11	14	c
v	a	Willibrod.	Aries 23	15	d
vi	b	4 Crowned.	Taur. 5	16	e
vii	c	Theodore.	Taur. 17	17	f
viii	d	Martine	Taur. 28	18	g
ix	e	Martine bish.	Gem. 10	19	a
x		Byce.	Gem. 22	20	
xi	g	Trans. Erk.	Canc. 4	21	c
xii	a	Macute bish.	Canc. 16	22	d
xiii	b	Edmund arc.	Canc. 29	23	e
xiiii	c	S. Hugh bish.	Leo 12	24	f
xv	d	Oct. Martin.	Leo 25	25	g
xvi	e	Elizab. mar.	Virgo 9	26	a
xvii		Edmund kin.	Virgo 23	27	
xviii	g	Presl. of M.	Libra 7	28	c
xix	a	Cicely birg'n	Libra 21	29	d
xx	b	Clement bish.	Scorp. 7	30	e
xxi	c	Gislog. mar.	Scorp. 22	1	f
xxii	d	Katherine.	Sagit. 7	2	g
xxiii	e	Agnus bish.	Sagit. 21	3	a
xxiiii		Agricola.	Capr. 6	4	
xxv	g	Saturn.	Capr. 20	5	c
xxvi	a		Aquar. 4	6	d
xxvii	b		Aquar. 17	7	e
xxviii	c		Pisces 0	8	f
xxix	d		Pisces 13	9	g
xxx	e		Pisces 26	10	a

Full moone  
the 8. day, at  
4. a clock in  
the morning.

Last quar-  
ter the 15. day  
3. quarters of  
an houre after  
midnight.

New moon  
the 22. day, a  
quarter of an  
houre after 4.  
of the clocke  
in the after-  
noone.

First quar-  
ter the 19. day  
a quarter of  
an houre past  
6. of the clock  
at night.

December hath xxxj. dayes.

Use Meate that's warme, hot Spice and Wine,  
Feast moderately this Christmas time.

1. day, the Sun riseth at 8. & 10. min. Sets at 3. & 30. min.  
10. day, the Sun riseth at 8. & 11. min. Sets at 3. & 59. min.  
20. day, the Sun riseth at 8. & 0. min. Sets at 4. & 0. min.

i	f	Mount sun.	Aries	8		11	
ii	g	Libani. mar.	Aries	20	Full moon	12	e
iii	a	Depo. of Of.	Taur.	2	the 7. day, a	13	d
iiii	b	Barbare. burg	Taur.	14	quarter of an	14	e
v	c	Sabine abb.	Taur.	26	hour after	15	f
vi	d	Nichol. bish.	Gem.	7	10. of the clock	16	g
vii	e	Oct. Andrew.	Gem.	19	at night.	17	a
viii	f	Coa. of Ma.	Canc.	1		18	b
ix	g	Cyprian abb.	Canc.	14		19	c
x	a	Galatie virg.	Canc.	26	Last quar-	20	d
xi	b	Damasc bish.	Leo	9	ter the 15. day	21	e
xii	c	Sol in Capric	Leo	22	at a 11. of the	22	f
xiii	d	Ember week	Virgo	5	clock at noone.	23	g
xiiii	e	Ortho. virg.	Virgo	19		24	a
xv	f	Valerian.	Libra	3		25	b
xvi	g	Sapientia	Libra	17		26	c
xvii	a	Lazar. bish.	Scorp.	2	New moon	27	d
xviii	b	Marcan bish.	Scorp.	16	the 22. day, at	28	e
xix	c	Menita virg.	Sagit.	1	4. of the clock	29	f
xx	d	Fulton.	Sagit.	16	in the moone.	30	g
xxi	e	Thomas Ap	Capz.	0		31	a
xxii	f	30. Martyrs.	Capz.	14			b
xxiii	g	Victorie virg.	Capz.	28		1	c
xxiiii	a	Candidi. cal	Aquar.	12	First quare	2	d
xxv	b	Christm. day	Aquar.	25	ter the 29. day	3	e
xxvi	c	S. Stephen	Pisces	8	3. quarters of	4	f
xxvii	d	S. John.	Pisces	21	an hour after	5	g
xxviii	e	Innocents.	Aries	3	1. of the clock	6	a
xxix	f	Tho. Becket.	Aries	16	in the after-	7	b
xxx	g	James transf.	Aries	28	noone.	8	c
xxxi	a	Siluest. bish.	Taur.	10		9	d
						10	

White. 1622.

A Prognostication for  
*this present yeare of our*  
Lord God, 1622.

Being the second from the Bis-  
sextile or Leap yeare : Wherein is  
contained the estate of the whole  
yeare, the disposition of each quarter,  
and the inclination of the wea-  
ther for every quarter of the  
Yeare, throughout  
the whole  
yeare.

With the Rising and Setting  
of the Planets, Husbandly aduer-  
tisements, and other things fit  
to be knowne, both pleasant  
and profitable.

By John White, wel-willer to the  
Mathematickes.

At London printed for the  
Company of Stationers.

A briefe Computation of time compleat  
within this present yeare, 1622.

From the Creation of the World untill this present yeare,	are contained of yeares,	524.
From the Creation untill the generall Deluge,		1662.
From the Creation of the World untill Christ,		3973.
From Noes Flood untill this present yeare,		3928.
Since the birth of Abraham,		3636.
Since the Israelites departed out of Egypt,		3130.
Since the destruction of the Citie of Troy,		2805.
Since Brute entred this Island,		2729.
Since the building of the Temple by Salomon,		2645.
Since the building of the Citie of Rome,		2373.
Since Nabuchadonozar the King,		2369.
Since the Captiuitie of Babilon,		2258.
Since the desolation of the Temple,		2227.
Since the death of Alexander the great,		2946.
Since Iulius Caesar was slaine with Ponopards,		1071.
Since the birth of our Sauour Christ,		1622.
Since Ierusalem was destroyed by Titus Vespasian,		1539.
Since England first receiued the Christian faith,		1442.
Since the conquest of England by Duke William,		651.
Since the science of Printing was first inuented,		162.
Since King Henry the 8 conquered Bulloync,		78.
Since the infectious sweating sickness in Edward 6.		71.
Since S Pauls steple in London fiered by lightning,		61.
Since the great Plague at Newhauen and London.		59.
Since the Charles Rebellion in the North,		53.
Since the Blasting Starrs, and Harpe Winter,		50.
Since the whole Heauens seemed to burne with fire,		48.
Since the deape Snow,		43.
Since the generall Earthquake in England,		42.
Since the Campe at Tilbury in Essex,		34.
Since the beginning of the reign of our King IAMES the first of England, compleat in March the 24 is yeares, but current 20. yeares.		19.

White, 1622.

A briefe Declaration of the disposition  
of the foure quarters of the yeare.

1 6 2 2.

And first of Winter.

The Winter quarter best doth prophenate.  
To all Degrees, and Sexes, their estate.

Sol in Capricorne, Aquarius, Pisces.

**W**inter doth take his beginning when the  
sunne entereth the first degree of the earth-  
ly Signe Capricorne, which was the last  
yeare 1621. vpon the twelfth day of De-  
cember, and doth this yeare 1622. continue  
to the tenth day of March, and continueth whilst the  
sunne passeth through these three Hyemall or winterly  
signes, Capricorne, Aquarius, and Pisces.

This quarter naturally is cold and moyst, and ta-  
keth part of the Phlegmaticke Complexion, which ele-  
ment doth chiefly predominate daily from three of the  
clocke in the afternoone, till nine of the clocke at night.  
The seas do now break forth into dangerous tempests,  
and doth swell with the raging winds, which putteth  
the painefull Marriner to many a shipwacke; floods doe  
increase, the tides decrease, and the nights lengthen,  
the ayre is cold and sharp, and taketh away the vigilitie  
of all lining creatures; the pores of the earth are now  
shut by by the extreame coldnes of the Ayre, Beasts be-  
take them to their dens, fowles to the warmest Reg-  
ions, and Fishes to the deepest of the waters for their  
most shelter; for what soeuer the cheerefull Spring and  
comfortable Sommer doth bring forth and nourish, this



## A Prognostication.

Quarter doth destroy and banish, but the colder & drier it is the more whollom, but too much cold killeth Trees in a warme Countrey; a warme and moist winter is but wholsome, and no friend to the Husbandman, but indifferent stoze of Snow doth ranken the fields, and preserueth Cope. It is convenient for our health that this Quarter we take such meates, whose operation is hot and dry, and expell the coldnes of the ayre by warme Drinckes, strong Wines, and comfortable Broaths, and be careful to keepe the head and feet from cold & wet; yet will the body digest more grosse and strong Meates then in Sommer by reason of the inward heate which is drouen from the exterior parts by the colde ayre, and doth there comfort the vitall Spirits & helpe digestion.

Sickneses commonly attending this Quarter, are these or the like, Sozeies, Rheumes, Toothach, Coughes, Poles, Cathars, Crampes, Gontes, Palsies, Fluxes. &c.

### Of the second part of the Yeare, called the Spring.

The Sping compared is to infancy,  
To spring and grow in vertue till they dye.

Sol in Aries, Taurus, Gemini.

**T**he Spring doth begin when the prince of lights (the Sun) doth enter into the first degree of the first Equinoctiall Signe Aries (which is on the tenth day of March,) and doth continue till hee hath trauesed through these three vernal Signes, Aries, Taurus, and Gemini, and doth end on the Thirtēeth day of Iune.

By nature this Quarter is of disposition hot and moist, being of the Sanguin complexion, which Element hath cheefest gouernment from nine of the clocke at night, till three of the clocke in the morning. The daies are now equall in length to the nightes, and the

comfortable Sun seemeth to smile vpon the face of the Earth, whose cherefull countenance giues comfort to all liuing Creatures. Of all the Quarters in the yeare this is the most wholesome and pleasant, and most fit to remoune diseases that haue bene of long continuance, & to pzenent such as are likely to follow. The Fowles of the ayre doe couple, Beast of the earth doe increase & the Fishes of the waters doe multiply in abundance, leauing the deepe to line in shallow places. The fruitfull earth produceth all manner of Plants and Herbes for the necessary vse of Man and Beast. If the Spring be ouer wet, Fruite will be rotten and scarce, & weedes abound; It is now good to take somewhat smaller and cooler drinkes then in winter, & take such things whose operation is hot and dry: Purging, Sweating, Basting, & bleeding, this Quarter are good, if neede require.

The diseases vsuall to this Quarter are Agues, small pocks, Measels, Scabs, Pusles in the face, Phrensies, Kings euill, and such like.

### Of the third part of the yeare, called Summer.

Like Man in his chiefe state and lusty yeares,  
The ripening Summer Quarter best appeares.

Sol in Cancer, Leo, Virgo.

**S**ummer taketh his beginning when the Sunne doth make his entrance into the first degre of Cancer, which both happen vpon the thirteenth day of Iune, and continueth while he passeth through these three sollicitall signes, Cancer, Leo, and Virgo, and endeth vpon the thirteenth day of September.

By nature this quarter is hot and dry, and is of the Cholerick Complexion, which both gouerne from three

## A Prognostication.

of the clocke in the morning till nine in the forenoon: heate & dyneresse is now at the highest period, and the Sun is now mounted to the highest station, making the daies longest, the nights shortest, heate at the highest, & Clouds at the lowest; the winds are patient, and Seas calme. Now doth the earth bring forth her richest treasure, to the comfort of all the world: fruites are in their prime, and Flowers in their beauty; Bees gather their Honny, and the painefull Husbandman the fruit of his labour. Naturall heate is now disperfed into the outward parts of the Body, and we are not now so hot within as in winter, neither is our digestion so strong: Small and cold drinks are most requisite for our Bodies, & the least stoze of meate doth best suffice nature, and that which is boyled is the most wholesome, & take such things whose operation is cold and moyst; A wet Summer doth putrifie fruites, and spoyleth graine.

The diseases incident to this Quarter are these or the like, as Feuers Pestilence, Agues, Jaundies, griefe in the head and belly.

### Of the fourth part of the yeare, called Autumne, or Haruest.

As Autumne steales the leafe from Tree & Flower,  
So death comes creeping neerer euery hower.

Sol in Libra, Scorpio, Sagittarie.

**A**utumne, commonly called the fall of the leafe, taketh his beginning when the Sun doth enter into the first degree of Libra, which is vpon the thirteenth day of September, and doth continue till he hath passed these three Autummall Signes, Libra, Scorpio, and Sagittarie, and doth end on the twelfth of December.

The naturall disposition of this Quarter is cold and dry, and participateth of the Melancholy Complexion, which Element doth gouerne from nine of the clocke in

the morning till three in the afternoon. The Sun is now seated in the second Equinoctiall making the daies and nights equall once againe. Grasse is now mowed, and Cozne is reaped, Frutes are gathered, flowers fade, and leaues doe fall, and the face of the Earth loseth her beauty; the Springs doe fall, yet floods doe rise; now most part of living Creatures provideth them selves places of Shelter against the ensuing Winter. If Autumne prove cold, Haruest Frutes loseth both quantity, iuice and beauty. Of all the other Quarters, this is the most vnholosome and moze subiect to Sickneses and diseases then any other, and therefore beware of the Morning and Evening cold.

Sickneses commonly attending this Quarter, are these of the like, as paine of the Backe, Kidneys, and Eyes, the Stone, Melancholy, Agues, falling Sicknes, Fluxes of Blood, Fistulaes, Emroids, Splene, &c.

The rising and setting of the Planets, with the disposition of the weather for every Quarter of the Moone,

Of Ianuary.

♄ Saturne, and ♃ Iupiter, are West at sun rise.

♂ Mars, and ♀ Venus, are South-east at sun rise.

☿ Mercury, setteth a while after the sun.

New Moone on Tuesday, the first day, 4 minutes after 5 of the clocke at night, Frost.

First Quarter on Wednesday the 9 day, 50 minutes after 5 of the clocke at night, faire.

Full Moone on Thursday, the 17 day, at 7 of the clocke in the morning, faire.

Last Quarter on Wednesday; the 23 day, at 10 of the clocke at night, raine.

New Moone on Thursday, the last day. 37 minutes after

## A Prognostication.

after nine of the clocke in the morning, windy and wet.

Of February.

♄. Saturne, is Southwest at sun rise.

♃. Iupiter, is a little past the South at sun rise.

♂. Mars, and ♀. Venus keepe company Southeast at sun rise.

☿. Mercury, riseth with the sun.

First Quarter on Friday the 8 day, 34 minutes after one of the clocke afternone, very colde.

Full Moone on Friday, the 15 day, 44 minutes after 4 of the clocke afternone, frosts.

Last Quarter on Friday, the 22 day, 38 minutes after 7 of the clocke in the morning, reasonable faire.

Of March.

♄. Saturne, & ♃. Iupiter, are neere the South at sun rise.  
♀. Venus, is Southeast at sun rise.

♂. Mars, and ☿. Mercury, riseth a while before the sun.  
New Moone on Satterday, the second day, 22 minutes after 3 of the clocke in the morning, snow or flete.

First Quarter on Sunday, the 10 day, 26 minutes after 6 of the clocke in the morning, wet.

Full Moone on Sunday, the 17 day, at 2 of the clocke in the morning, high windes.

Last Quarter on Satterday, the 23 day, 43 minutes after 7 of the clocke at night, frost.

New Moone on Sunday, the 31 day, at 8 of the clocke at night, faire.

Of Aprill.

♄. Saturne, is neere the South at sun rise.

♃. Iupiter, is Southeast at sun rise.

♂. Mars, and ♀. Venus, rise together before the sun.

☿. Mercury, is vnder the sun beames.

First



## White 1622.

**F**irst Quarter on Monday the 8 day, 5 minutes after 7 of the clocke at night, wet.

**F**ull Moone on Monday, the 15 day, 42 minutes after 10 of the clocke in the morning, raine.

**L**ast Quarter on Monday the 22 day, 28 minutes after 9 of the clocke before noone, windy.

**N**ew Moone on Tuesday, the 30 day, 18 minutes after one of the clocke after noone, faire.

### Of May.

**J.** Saturne, is Southeast at sun rise.

**J.** Jupiter, and **J.** Mars, riseth before the sun.

**Q.** Venus, and **Q.** Mercury, are in the west after sunset

**F**irst Quarter on Wednesday, the 8 day, halfe an houre after 3 of the clocke in the morning, cold.

**F**ull Moone on Tuesday, the 14 day, 57 minutes after 6 of the clocke at night, wet.

**L**ast Quarter on Wednesday the 21 day, 22 minutes after one of the clocke in the morning, raine.

**N**ew Moone on Thursday the 29 day, at one of the clocke in the morning, winde.

### Of June.

**J.** Saturne, is in the East a little before the sun.

**J.** Jupiter, **J.** Mars, & **Q.** Mercury, sets with the sun.

**Q.** Venus, shineth bright in the West after sunset.

**F**irst Quarter on Thursday, the 6 day, 48 minutes after 10 of the clocke in the forenoone, close daies.

**F**ull Moone on Thursday, the 13 day, 13 minutes after 3 of the clocke in the morning, faire.

**L**ast Quarter on Thursday the 20 day, 35 minutes after 5 of the clocke in the afternoone, pleasant daies.

**N**ew Moone on Fryday, the 28 day, 36 minutes after 3 of the clocke afternoone, raine.

## A Prognostication.

Of Iuly.

♄. Saturne, ♃. Iupiter, and ♂. Mars, sets with the sun.

♀. Venus, shineth in the West after the sun.

☿. Mercury, glimmereth in the East before the sun.

First Quarter on Friday the 5 day, 51 minutes after 2 of the clocke afternoone, colde blasts.

Full Moone on Friday the 12 day, 40 minutes after one of the clocke at noone, faire.

Last Quarter on Saturday the 22 day, 52 minutes after 10 of the clocke before noone, faire.

New Moone on Sunday the 28 day, 9 minutes after 2 of the clocke in the morning, very hott.

Of August.

♄. Saturne, is in the East at sunset.

♃. Iupiter, and ♀. Venus, are together very bright, and somewhat past the South at sun set.

♂. Mars, and ☿. Mercury, set with the sun.

First Quarter on Saturday, the 3 day, 48 minutes after 7 of the clocke in the evening, wet.

Full Moone on Sunday, the 11 day, 54 minutes after 7 of the clocke in the morning, windy and wet.

Last Quarter on Monday the 19 day, 10 minutes after 1 of the clocke in the morning, faire.

New Moone on Monday the 26 day, 45 minutes after 11 o' the clocke at noone, faire.

Of September.

♄. Saturne, and the rest set one after another, following the sun;

☿. Mercury, first, the next ♂. Mars, then

♀. Venus, ♄. Saturne next, and ♃. Iupiter last:

First Quarter on Monday the 11 day, 15 minutes after  
ter

## White. 1622.

ter 11 of the clocke in the morning, faire.

Full Moone on Monday the 9 day, 38. minutes after 4 of the clocke in the afternoone, raine.

Last Quarter on Tuesday the 17 day, 47 minutes after 8 of the clocke at night, high windes.

New Moone on Tuesday the 24 day, 48 minutes past 8 of the clocke at night, wet and windy.

### Of October.

♄. Saturne, and ♃. Iupiter, are south at sunset.

♂. Mars, and ♀. Venus, are toward the West at sunset.

☿. Mercury, riseth a little before the sun.

First Quarter on Tuesday the first day, at 11 of the clocke at noone, cold.

Full Moone on Wednesday the 9 day, at 43 minutes past 9 of the clocke in the morning, faire.

Last Quarter on Thursday the 17 day, at 12 of the clocke at noone, faire.

New Moone on Thursday the 24 day, 2 minutes after 6 of the clocke in the morning, wind.

First Quarter on Thursday the last day, 16 minutes past one of the cloke in the morning, raine.

### Of Nouember.

♄. Saturne, & ♃. Iupiter, are neere the south at sunset.

♂. Mars, and ♀. Venus, are South west at sunset.

☿. Mercury, riseth before the Sun.

Full Moone on Fryday the 8 day, 4 minutes after 4 of the cloeke in the morning, frosts.

Last Quarter on Friday the 15 day, 43 minutes after mid night, faire.

New Moone on Fryday the 22 day, 17 minutes after 4 of the clocks in the afternoone, faire.

First

## Prognostication.

First Quarter on Fryday the 29 day 13 minutes after  
6 of the clocke at night, wet,

Of December.

J. Saturne, and V. Iupiter, are Southeast at sunset.

J. Mars is Southwest at sunset.

Q. Venus & Q. Mercury, sets presently after the sun.  
Full Moone on Satterday the 7 day 20 minutes after  
10 of the clocke at night, high windes.

Last Quarter on Sunday the 15 day, 58 minutes after  
10 of the clocke in the morning, wet.

New Moone on Sunday the 22 day, 7 minutes after 4  
of the clocke in the morning, frost.

First Quarter on Sunday the 29 day 43, minutes past  
one of the clocke after noone, faire.

The

Meates hurtfull for the Teeth.

**N**ittes, meates very hot, warme drinke, swæte meates and drinkes, radish rootes, hard meates, bitter meates, milke, much vomiting, larks, fatte of fish, coleworts, and lemons.

Things hurtfull to the Eyes.

Garlicke, onions, radish, drunkenesse, lecherie, swæte and thicke wines, salt meates, coleworts, all pulse, must, wine, dust, smoake, fier, and reading presently after supper.

*Rules of Mensuration.*

**A** fingers bredth, is foure Barly cornes in thicknesse, and an Inch, thre Barly cornes in length: A hands bredth, foure fingers: A span, is thre hands bredth: A foot, is foure hands bredth: A Geometricall Pace, is sixe foot: an English Pearch is xvi. foot: A furlong, is a hundred and twenty five Pases, or six hundred, twenty and sixe foot: An English furlong, is six hundred and threescore foot, or a hundred, thirty two Pases: A League, is a thousand and sixe hundred Pases: An Italian Mile, is a thousand pases, or eight furlongs: A common German Mile, is thirty two furlongs. An English Mile, is eight furlongs: An Acre, is forty Pearches in length, and foure in bredth.

A short instruction for the Table following.

**N**ote that the first Colunne or row conteyneth the names and number of Shires, the second of Cities, the third of Bishopricks, the fourth of Castles, &c. Now goe straight in a line, and you shall easily find the number: As fo; example, Kent hath 2, Citties, 2. Bishopricks, 17. Market townes, 8. Castles, 398. Parishes, &c.



# A Prognostication.

**A Catalogue of all the Shires, Cities,  
Bishopricks, Market Towns, Castles, Parishes,  
Rivers, Bridges, Chases, Forrests, & Parks,  
contained in euery particular Shire in the  
Kingdome of England.**

Shires.	Cities.	By Pop- pricks.	Market townes.	Castles.	Shes.	Part- Rivers.	Bridges.	Chases.	Forrests.	Parks.
Kent.	2	2	17	8	398	5	140	0	23	
Sussex,	1	1	18	1	312	2	100	4	33	
Surrie.	0	0	7	0	140	1	7	0	17	
Middlesex.	2	2	3	0	73	1	3	1	4	
Hampshire.	1	1	18	5	248	4	310	4	22	
Dorsetshire.	0	0	18	6	248	4	291	2	12	
Wiltshire.	1	1	21	1	304	5	311	9	19	
Somersetshire.	3	2	29	1	385	9	450	2	18	
Deuonshire.	1	1	40	3	394	23	1060	0	23	
Conrwall.	0	0	23	6	161	7	310	0	9	
Essex.	1	0	21	1	415	7	280	1	46	
Hartfordshire.	0	0	18	0	120	1	240	0	23	
Oxfordshire.	1	1	10	0	208	3	260	4	9	
Buckinghamshir	0	0	11	0	185	2	140	0	15	
Barke shire.	0	0	11	2	140	3	7	0	13	
Glocestershire.	1	1	20	1	180	12	221	2	19	
Suffolke.	0	0	28	1	464	2	320	0	27	
Norfolke.	1	1	26	0	625	3	150	0	0	
Rufland:	0	0	2	0	47	0	1	0	4	
Northamptonsh	1	1	11	2	326	5	240	3	23	
Huntingtonsh.	0	0	5	0	78	1	5	0	7	

# White. 1622-

Shires.	Cities.	Bishop- ricks.	Market townes.	Castles.	Par- ishes.	Rivers.	Bridges.	Chafes.	Forſts.	Parks.
Bedfordshire.	0	0	10	0	116	1	6	0	0	12
Cambridge shir.	0	1	6	0	163	1	7	0	0	5
Warwickeshire.	1	1	12	1	158	7	21	1	0	16
Leicestershire.	1	0	11	2	200	1	10	0	2	13
Staffordshire.	0	1	12	5	130	13	19	1	1	38
Worcestershire.	1	1	7	3	152	5	13	1	2	16
Shropshire.	1	0	13	13	170	18	13	0	7	27
Herefordshire.	0	1	8	7	176	13	11	1	2	8
Lincolneshire.	1	1	26	2	630	9	15	0	0	13
Nottinghamshi.	1	0	11	0	168	5	17	0	1	18
Darbyshire.	0	0	8	4	106	13	21	0	1	34
Cheshire.	1	1	9	3	68	9	19	0	2	18
Yorkeſhire.	1	1	46	14	563	36	62	4	8	72
Lancashire.	1	0	8	5	36	33	24	0	1	30
Durham.	0	1	5	4	62	11	20	0	0	21
Westmoreland.	1	0	4	6	26	8	15	0	2	19
Cumberland.	0	1	8	15	58	20	33	0	3	8
Northüberland.	1	0	11	12	40	21	16	0	1	8
Monmouthshire.	0	0	6	7	142	15	14	1	0	8
Glamorganſhir.	0	1	7	12	151	16	6	0	0	5
Radnorſhire.	0	0	4	5	43	13	5	0	0	0
Brecknockſhire.	0	0	3	4	70	27	13	0	0	2
Cardigan ſhire.	0	0	4	0	77	26	9	0	4	0
Carmarthanſhir.	0	0	6	4	81	20	16	0	4	2
Penbroke ſhire.	0	1	6	5	142	6	7	0	2	3
Montgomeryſh.	0	0	6	3	42	28	6	0	0	0
Merionidthſh.	0	0	3	2	34	26	7	0	0	0
Denbighſhire.	0	0	3	3	53	24	6	0	0	0
Flintſhire.	0	1	3	4	24	4	2	0	0	2
Angleſey.	0	0	3	0	83	8	2	0	0	0
Caernatuon.	0	1	5	3	73	17	6	0	0	0

## A Prognostication.

An Explanation of the Kallender here  
following for this present yeare 1622.

**N**Ote that euery Moneth conteyneth thre Col-  
lammes, ( the Figures for the number of daies ex-  
cepted ) the first Collumne toward the right hand con-  
teyneth the weeke daies and Sunday letter; The se-  
cond, the Signe wherein the Moone is euery day; And  
the third, the changes and Quarters of the Moone;  
Note that she being placed this ) way, doth signifie  
the first Quarter: And this ( way, the last Quarter:  
This ● the Full Moone: And this ○ the New  
Moone. Note also, that the Figures ouer the head of  
the Moones, signifies the howre of her Change; and  
the letters vnderneath, the time afte noone, or after mid-  
night; N. standing for Afternoone till Midnight, and  
M. after Midnight till Noone: As for example, against  
the ninth day of January, being Wednesday I doe find  
the Moone in ♈. Aries, and is thus placed ) which is  
the first Quarter at 6. of the clock afternoone, which is  
6. of the clock at night. Again, on the 17. day of March,  
being Sunday, I find the Moone in ♎. Libra, and is fi-  
gured thus ●, which is the Full Moone at 2. of the  
clock after midnight, which is 2 of the clock in the morn-  
ing, &c.

Note also, that at the head of euery Moneth is placed  
the rising and setting of the Sun for the middle of eu-  
ery moneth, as for example, for the midst of March, the  
☉ Sun riseth at 5. of the clock, and 18. minutes; and set-  
teth at 6. and 12. minutes.

It also conteyneth the Holy-daies and Feasts both  
Moorable and immooreable, with the beginning and  
ending of the Termes; as Easterday is on the 21. of  
April, Whitsunday on the 9. day of June: Terme be-  
gins on the 8. of May, and endeth on the 3. of June.

A briefe and easie Kalender for this Yeare 1622.  
 which being cut out, is fit to be placed into  
 any Booke of Accompt, Table Booke, or other, conteyning  
 the whole Kalender, in a short method not  
 heretofore vsed. Inuented by I. W.

	January.	February.	March.	Aprill.	May	June	July.	August.
	○ 7.40 4.20	○ 6.8 5.14	○ 5.18 6.12	○ 4.30 7.10	○ 4.0 8.0	○ 3.43 8.17	○ 4.10 7.43	○ 5.5 6.55
1	a w ○	d x	d x 3	g v	b II	e 5	g Ω	c =
2	b w s	e x	e x ○	a x	c II	f 5	a n x	d m 8.
3	c w n	f x	f v m.	b x	d II	g Ω	b n x	e m )
4	d w	g v	g v	c II	e 5	a Ω	c = 3	f m n.
5	e x	a x	a v	d II	f 5	b n x I	d = )	g t
6	f x	b x	b x	e II	g Ω	c n x D	e m n.	a t
7	g v	c x I	c x	f 5 7	a Ω II	d = m	f m	b w
8	a v 6	d x )	d II	g 5 )	b n x D	e =	g t	c w
9	b v )	e II n.	c II 6	a Ω n	c n x m	f m	a t	d w
10	c x n	f II	f 5 )	b Ω	d n x	g m	b w	e w 2
11	d x	g 5	g 5 m.	c n x	e =	a t	c w 2	f x ●
12	e II	a 5	a 5	d n x	f =	b t 3	d w ●	g x m.
13	f II	b Ω	b Ω	e =	g m 7	c w ●	e w n.	a x
14	g II	c Ω 5	c Ω	f = 12	a m ●	d v m.	f w	b v
15	a 5	d n x ●	d n x	g m ●	b t n	e w	g x	c v
16	b 5 7	e n x n.	e n x 2	a m m	c t	f w	a x	d x
17	c Ω ●	f =	f = ●	b t	d w	g w	b v	e x
18	d Ω m	g =	g = m.	c t	e w	a x	c v	f x 4.
19	e n x	a m	a m	d w	f w	b x 5	d v II	g II (
20	f n x	b m	b m	a w	g w	c v 6	e x (	a II m.
21	g =	c t 7	c t	f w 9	a x 2	d v n	f x m.	b 5
22	a = 10	d t (	d t 8	g w 6	b x 6	e v	g II	c 5
23	b m (	e t m.	e w (	a w m	c x m	f x	a II	d Ω
24	c m n.	f w	f w m.	b x	d v	g x	b II	e Ω
25	d t	g w	g w	c x	e v	a II	c 5	f Ω at
26	e t	a w	a w	d v	f x	b II	d 5	g n x ○
27	f w	b w	b w	e v	g x	c 5 3	e Ω 2	a n x n.
28	g w	c x	c x	f v	a x	d 5 ○	f Ω ○	b =
29	a w ○		d x 8	g x I	b II I	e 5 9	g n x m	c =
30	b w m		e v n.	a x ○	c II C	f Ω	a n x	d m

♈. Aries, ♉. Taurus, ♊. Gemini, ♋. Car  
 ♎. Libra, ♏. Scorpio, ♐. Sagitari, ♑. Ca  
 ♒. Pisces. The ○ New Moone. The  
 The ● Full Moone. The  
 and ♄ the Sunday

Sept.	Octob.	Nov.	Dec.	The Feasts
6. 8	7.	8. 10	8. 18.	mouable: V
5. 12.	5. 10.	4. 10.	3. 42.	Ianuar
1	♄ 2	♄ 2	♄ 2	New year
2	♄ 2	♄ 2	♄ 2	Twelve da
3	♄ 2	♄ 2	♄ 2	Terme bo
4	♄ 2	♄ 2	♄ 2	Februa
5	♄ 2	♄ 2	♄ 2	Purif. of
6	♄ 2	♄ 2	♄ 2	Terme en
7	♄ 2	♄ 2	♄ 2	Septuag
8	♄ 2	♄ 2	♄ 2	Mathias
9	♄ 2	♄ 2	♄ 2	Mar
10	♄ 2	♄ 2	♄ 2	Shrove.
11	♄ 2	♄ 2	♄ 2	Quadrag
12	♄ 2	♄ 2	♄ 2	Annun. o
13	♄ 2	♄ 2	♄ 2	Apri
14	♄ 2	♄ 2	♄ 2	Easter da
15	♄ 2	♄ 2	♄ 2	S. Georg
16	♄ 2	♄ 2	♄ 2	Marke.
17	♄ 2	♄ 2	♄ 2	Ma
18	♄ 2	♄ 2	♄ 2	Phil. & Ia
19	♄ 2	♄ 2	♄ 2	Terme b
20	♄ 2	♄ 2	♄ 2	Roga. S
21	♄ 2	♄ 2	♄ 2	Ascendi
22	♄ 2	♄ 2	♄ 2	Iun
23	♄ 2	♄ 2	♄ 2	Terme c
24	♄ 2	♄ 2	♄ 2	Whitsun
25	♄ 2	♄ 2	♄ 2	Trinity
26	♄ 2	♄ 2	♄ 2	Terme b
27	♄ 2	♄ 2	♄ 2	S. Iohn
28	♄ 2	♄ 2	♄ 2	Peter &
29	♄ 2	♄ 2	♄ 2	lu
30	♄ 2	♄ 2	♄ 2	
31	♄ 2	♄ 2	♄ 2	



i, ♄. Cancer, ♌. Leo, ♍. Virgo,  
 ♊. Arietis, ♐. Capricorne, ♒. Aquarius  
 Moone. The ) first Quarter.  
 ne. The ( last Quarter.  
 e Sunday Letter.

The Feasts Moouable and Im-  
 mouable: With the Termes, &c.

January.	Dog dai. begi. 19
New yeers day 1	S. James Ap. 25
Twelſe day 6	August.
Terme begin. 22	Gowries conſp. 5
February.	Barthol. Ap. 24
Puriſ. of Maty. 2	Dog da. end, 29
Terme ends, 12	ſeptember.
Septuageſ. 17	Mathew Ap. 21
Mathias Apo. 24	Michael Arch. 29
March.	October.
Shrove. Sun. 3	Terme begin, 9
Quadageſ. 10	Luke Euang. 18
Annu. of Ma. 25	Simon & Iude, 28
Aprill.	November.
Eaſter day, 21	All Saints, 1
S. George, 23	Papiſts conſp. 5
Marke. Euan. 25	Terme ends, 28
May.	Andrew Ap. 20
Phil. & Iacob, 1	December.
Terme begin, 8	Aduent Sund. 1
Roga. Sund. 26	Thomas Apo. 21
Aſcentiō day, 30	Chriſtmas da. 25.
June.	S. Stephen, 26.
Terme ends 3	S. Iohn, Eua. 27
Whitſunday. 9	Innocents da. 28
Trinity Sun. 16	
Terme begin, 21	
S. Iohn Bap. 24	
Peter Apoſt. 29	
July.	
Terme ends, 30	

FINIS.